

MOM'S MID-AMERICA COOKBOOK

Real food for real people

A collection of recipes and memories compiled by Virginia Woolf D'Andrade for the Woolf Family Reunion, August, 1995. Revised in her memory, October, 1999.

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Date Waldorf Salad

Prepare Basic Waldorf Salad, add 1/2 cup snipped pitted dates. If you have a real sweet tooth, you can also add 4 marshmallows, quartered.

Banana Grape Salad

Probably the Same as Mom's

2 Bananas, sliced in thin slices

1 cup green or purple Seedless

Grapes, cut in halves

2 cups chopped Lettuce

1/2 cup Mayonnaise

1 Tbsp Sugar

1/2 tsp Lemon Juice

Mix fruits and lettuce in salad bowl.

Blend mayonnaise, sugar and lemon juice with a dash of salt. Mix with fruit mixture, serve immediately.

Banana Orange Salad

Slice two bananas into fourths the long way, then slice the sections. Peel an orange and chop into bite-sized pieces. Mix the fruits together with a Tbsp of sugar. Serve immediately.

Salad Dressing - Mom's

3/4 cup Sugar

1 Tbsp Flour

1 Tbsp Dry Mustard

1 tsp Celery Seed

1 tsp Salt

Mix this and add 1/2 cup water - 1/2 cup vinegar, 2 whole eggs or 4 yolks. Cook in double boiler. Beat while cooking.

French Dressing - Mom's

1 rounded Tbsp minced Onion

1/8 cup Sugar

1/4 cup Vinegar

1 clove Garlic (if wanted)

1/2 cup Ketchup

Salt, Pepper, Paprika

1 cup Wesson Oil

Put in pint jar - shake well and put in refrigerator

Salad - Mom's

This looks more like a dessert to me, but Mom's recipe card said it was salad.

Cream 2 pkgs Philadelphia Cream
Cheese

Add 1/4 cup Salad Dressing

1/2 lb fresh Marshmallows (cut fine)

1 can crushed Pineapple (drained)

1 cup Cream (stiffly beaten)

Combine in order given. Fold in cream and let stand 12 - 16 hours. Freeze but do not stir.

Cranberry Salad - Mom's

2 1/2 cups small Marshmallows

3/4 cup Cream (whipped)

1 cup ground Cranberries

1/2 cup Sugar

1 small can crushed Pineapple -
drained

Combine all ingredients and let set 6
hours or over-night.

Lime Jello Salad - Mom's

2 cups chopped Nuts

1 pkg Lime Jello dissolved in 3/4 cup
boiling water, cooled and thickened

1 cup Cottage Cheese (small curd)

1 cup Dressing

1 Cucumber, cut fine

2 Tbsps Lemon Juice

2 Tbsps grated Onion

Mold - refrigerate over-night

Egg Salad - Mom's

8 hard-cooked Eggs, chopped
2 Tbsps Onion, finely chopped
1/4 cup Green Pepper, chopped
1/4 cup Celery, chopped
1 Tbsp snipped Parsley
1 3 oz pkg Cream Cheese, softened
1/4 cup Mayonnaise or Salad Dressing
1 Tbsp Chili Sauce
1/2 tsp Salt, dash Pepper

Combine first 6 ingredients. Blend together cream cheese, mayonnaise, chile sauce, salt and pepper. Add to egg mixture, mix well. Makes 4 cups.

Rosy Pickled Eggs - Mom's

- 1 cup juice from Pickled Beets
- 1 cup Vinegar
- 4 cups Water
- 1 clove Garlic
- 1 medium Bay Leaf
- 2 tsps mixed Pickling Spice
- 1/2 tsp Salt
- 12 hard-cooked Eggs
- 1 small Onion, sliced and separated into rings

Mix ingredients well in bowl. Cover and refrigerate for several days.

Deviled Eggs - Mom's

6 hard-cooked Eggs

1/4 cup Mayonnaise or Salad Dressing

1 tsp Vinegar

1 tsp Prepared Mustard

1/2 tsp Salt, dash Pepper

Halve hard-cooked eggs lengthwise; remove yolks and mash. Add mayonnaise with rest of ingredients to egg yolks, combine well. Spoon this mixture into centers of egg whites.

Gelatin Mold - Mom's

1 pkg Lemon Jello

1 pkg Lime Jello

2 cups hot Water

1 #2 can Crushed, pineapple, drained

1 cup Canned Milk

1/2 cup Nuts, chopped

10 ozs Cottage Cheese

1 cup Mayonnaise

2 Tbsps Horseradish

Mix jellos and water. When cool, add pineapple. Let it set until almost gelled, add milk, nuts, cottage cheese, mayonnaise and horseradish. Mold in a two-quart mold. Serves 12.